

## Year 12 Community Studies

This year as part of my Stage 2 Community Studies, I have been working with Ms Love and Mr Stagg's 6/7 classes for a lesson on Thursdays throughout Term 2 and 3 teaching them the basic skills for Rugby and preparing them for the SAPSASA 6/7 Rugby League Tackle Tournament. This was held on the 19<sup>th</sup> of May at Unity College where I coached them. They learnt to pass, defend, attack, tackle and work as a team. I first met Ms Love's class and did four lessons with them and then 5 with Mr Stagg's class. I used the same drills and training methods with both classes, starting off with passing drills and tackling drills for the first two weeks and then started to get them involved in playing short Touch Rugby and then Tackle Rugby games if they felt confident playing Tackle.



Both 6/7 classes then had the opportunity to participate in the Rugby Tournament.. In the Tournament we had a boys team that had 12 boys and a girls team that had 9 girls. The boys team won one game out of six in the boys competition, which I was pretty impressed at, as it was a very tough competition they were in. The girls who were also in a very tough competition managed to win three out of six games. It was very impressive to watch both teams play as they played well as a team and kept on trying hard and showed great enthusiasm, excitement and sportsmanship.



I'd like to thank Ms Love and Mr Stagg, for allowing me to coach the 6/7 classes and their support in giving me feedback, Mrs Davey my Community Studies teacher for helping me out with my Community Studies, Mr Wilsdon for organising the Rugby Tournament trip, Ms. James and Joy Marks and parents for driving the 6/7's to the tournament, my brother Judah for assisting coaching at the tournament, my class mates Liam Hillier, Jordon Barker and Jacob Devries for taking photos and helping out each lesson and finally the year 6/7's for their hard work, enthusiasm, keenness and awesome listening skills shown throughout the year.

**Isaac Rasigatale, Year 12 Student**

